

Complete at least 5 new activities each year.

Level 1

Date
Completed

Approved
By

1. List the 10 basic pistol safety rules.
2. Identify the basic parts of the pistol.
3. Identify the function or purpose for each part of the pistol.
4. Identify the five types of pistol actions.
5. Describe the different types of sights.
6. Demonstrate two methods to determine your eye dominance
7. Demonstrate and practice sight alignment.
8. Explain how to maintain trigger control.
9. Name types of eye/ear protection and the merits of each.
10. List and demonstrate proper range etiquette.
11. Demonstrate the basic range commands.
12. Describe and demonstrate the following firing positions:
 - Supported position at the bench
 - Two-handed standing position
 - Thumb-lock grip
 - Palm-rest grip
13. Demonstrate and practice basic shooting procedure (dry firing).
14. Describe and demonstrate proper loading and live firing.
15. Demonstrate and practice live firing from supported (bench) position. ..

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Completed

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Level 2 – Complete Level 1 before proceeding to Level 2

- 1.

Level 2 (cont'd)

Date