

Dressage Optional Focus Area Skills Checklist

Member's name:_

To become proficient at Dressage requires a great deal of patience and extensive practice. Developing the skill level seen in Olympic competition takes many years to achi

14.	 and perfection a. Lounge yo lounging ca b. Have an e your own h c. Execute th d. Demonstration e. Execute a 	<i>1):</i> ur horse in a snaffle avesson). xperienced person o orse at all three gait e canter depart on b	both leads. ways of changing the ne at posting trot,		
Leve Com	-	before proceeding	Date Completed	Approved By	
1.	Explain the fo	llowing terms used	in dressage tests or		-
	Explain the for when practicit Cadence	llowing terms used	in dressage tests or Doubler at E and B Effect of the aids		
	Explain the fo when practici	Ilowing terms used ng: Chewing the bit	Doubler at E and B	- 	
	Explain the fo when practicin Cadence Tempo	Ilowing terms used ng: Chewing the bit Counter canter	Doubler at E and B Effect of the aids		
	Explain the for when practicin Cadence Tempo Flat Canter	Illowing terms used ng: Chewing the bit Counter canter Crookedness	Doubler at E and B Effect of the aids Falling into a transition		
	Explain the for when practicin Cadence Tempo Flat Canter Flexion	Ilowing terms used ng: Chewing the bit Counter canter Crookedness Haunches in	Doubler at E and B Effect of the aids Falling into a transition Roundness of the back		
	Explain the for when practicit Cadence Tempo Flat Canter Flexion Inactive Irregular Lift	Illowing terms used ng: Chewing the bit Counter canter Crookedness Haunches in Medium trot Uneven Restricted	Doubler at E and B Effect of the aids Falling into a transition Roundness of the back Shoulder in		
	Explain the for when practicit Cadence Tempo Flat Canter Flexion Inactive Irregular Lift Chewing the	Ilowing terms used ng: Chewing the bit Counter canter Crookedness Haunches in Medium trot Uneven	Doubler at E and B Effect of the aids Falling into a transition Roundness of the back Shoulder in Out the Shoulder Self-carriage		

coefficient of two?