

Healthy Living

CHOOSE HEALTH: FOOD, FUN & FITNESS

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Rev. 09-20

Projects & Materials	Requirements	Exhibit Requirements
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Youth Materials:

*ZSuites 4-H Involvement
Report
ZSuites 4-H Project Record
Book*

Volunteer Materials:

*Choose Health: Food, Fun
and Fitness (#01601F)
2011-15*
[https://shop4-
h.org/products/choose-
health-food-fun-fitness-
curriculum](https://shop4-h.org/products/choose-health-food-fun-fitness-curriculum) **OR** download at
[http://fnec.cornell.edu/for-
partners/curricula/chfff/ord
er-information/](http://fnec.cornell.edu/partners/curricula/chfff/order-information/)