

Guidelines

Entry Form Advanced Foods Award

Name: _____

Grade (entering) in School: _____

Total Number of Years in 4-H Foods Projects: _____

Year of project (ex: 2004)	Project Name (ex: Let's Get Cooking)	Award Received	Title of Demonstration

1. By year, list each 4-H foods project you have completed, a brief description of your Fair exhibit for that project, and your ribbon placing that year.

Year _____

Year _____

Year _____

Year _____

2. On a separate sheet of paper; in 500 words, or less, describe what you have done with the knowledge and skills you gained through your 4-H foods project.